

Exercise Function

6 minute walk:*	feet	ST=
Gait Speed (1st 15 foot walk):*	seconds	ST=
Peak VO2 Max: Maximum volume of oxygen the body can consume during exercise:*	ml/kg/min	ST=
R Value at peak:*	%	ST=

Medical Condition

NYHA class:*

Class I: No limitation of physical activity; physical activity does not cause fatigue, palpitation or shortness of breath.

Class II: Slight limitation of physical activity; comfortable at rest, but ordinary physical activity results in fatigue, palpitations or shortness of breath.

Class III: Marked limitation of physical activity; comfortable at rest, but less than ordinary activity causes fatigue, palpitation or shortness of breath.

Class IV: Unable to carry on minimal physical activity without discomfort; symptoms may be present at rest.

Unknown